

Scottsdale Primary School Sun Protection Policy



SCOTTSDALE PRIMARY SCHOOL

SUN PROTECTION POLICY



(Updated April 2021)

Rationale

Over-exposure to ultraviolet (UV) radiation in childhood and adolescence is a major risk factor for developing skin cancer later in life. Schools can play a significant role toward reducing the lifetime risk of skin cancer. Schools can play a significant role toward reducing the life time risk of skin cancer.

The sun protection policy has been developed to ensure that all students, teachers and the school community are protected from skin damage caused by harmful UV radiation from the sun.

Sun protection is required when UV levels are 3 and above. In Tasmania, the UV is 3 and above from September to April. Therefore, schools need to implement sun protection measures from the beginning of the school year until the end of April and again from the beginning of September until the end of the school year. Implementing sun protection measures throughout Terms 1 and 4 only is insufficient to protect against UVR risks.

Objectives

- Ensure staff and students are protected from over-exposure to UV;
- Educate staff and children on appropriate sun protection measures;
- Ensure the outdoor environment provides shade for staff and students;
- Support duty of care and regulatory requirements; and
- Support appropriate WHS strategies to minimise UV risk and associated harms for staff and students

Strategies

- Staff are encouraged to check the sun protection times on a daily basis at <http://www.cancertas.org.au/> <http://www.bom.gov.au/tas/uv/> www.myuv.com or on the free SunSmart app
- Staff and students use a combination of sun protection measures from September to April, when average peak UV levels in Tasmania reach 3 and above:

1. Clothing

- Sun-safe clothing is part of our school and sports uniform. This includes shirts with collars, sleeves, longer style dresses and shorts and rash vests or T-shirts for outdoor swimming.
- Clothing exposing large amounts of shoulder and upper torso eg. singlets, tank tops and strappy dresses are not considered suitable.

2. Sunscreen

- The use of SPF 30+, or higher, broad-spectrum, water resistant sunscreen is required for staff and student use.
- Students are encouraged to provide their own broad-spectrum, water-resistant SPF 30 or higher sunscreen. Where possible SPF 30+ broad-spectrum water-resistant sunscreen is available for use in classrooms and around the school yard.
- Sunscreen is applied 20 minutes before going outdoors. If outdoors for extended periods sunscreen is reapplied every 2 hours, more frequently if swimming or sweating.
- Sunscreen should be stored in a cool, dry place and the expiry date monitored.

- Strategies are in place to remind students to apply sunscreen before going outdoors.
- Students and staff are encouraged to apply sunscreen before coming to school.

3. Hats

- Staff and students are required to wear sun-safe hats that protect the face, neck and ears when outside. Recommended sun-safe hats include legionnaire, broad-brimmed and bucket hats. Baseball caps do not offer enough protection and are not recommended.

4. Shade

- The school community is committed to providing shade in areas where students gather such as for eating, outdoor teaching and popular play areas. The use of these areas is encouraged.

The availability of shade is considered when planning excursions and all outdoor activities. A shade audit is conducted regularly to determine the current availability and quality of shade. Students without a sun-safe hat or clothing must remain in the shade.

5. Sunglasses

- Close-fitting wrap-around sunglasses that comply with Australian Standards AS1067:2003 (Category 2, 3 or 4) are encouraged but optional

➤ **Students without a sun-safe hat or clothing must play in areas protected from the sun.**

➤ **Staff OHS, role modelling and education**

- When UV is 3 and above staff will role model sun protection behaviours when outside by using the combination of sun protection measures outlined above;
- Families and visitors are encouraged to use a combination of sun protection measures when participating in and attending outdoor school activities;
- SunSmart policy updates and requirements will be made available to staff, families and visitors.
- Programs on skin cancer prevention are included in teaching programs for all year levels;
- SunSmart behaviour is regularly reinforced and promoted to the whole school community through newsletters, meetings, assemblies and upon enrolment.

➤ **Planning**

- Ensure SunSmart policy is reflected in the planning of all outdoor events and excursions;
- Where possible, outdoor activities will be planned away from the middle of the day during the period September to April (when UV levels reach 3 and above).

➤ **Review**

- School's sun protection policy will be submitted for review to Cancer Council Tasmania once every three years, for updating as new evidence becomes available.
- **Date: April 2021** **Review date: April 2024**

This information is based a sample Policy from the Cancer Council of Tasmania. It is based on current evidence available at time of review: January 2021.

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